

**REGION V**

**ADOLESCENT HEALTH NETWORK**

**SUCCESSSES IN ADOLESCENT HEALTH:  
Tools and Techniques to Support Pregnant and  
Parenting Young People in Breastfeeding**

MONDAY, AUGUST 15, 2016



American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™  
Illinois Chapter



**HEARTLAND  
ALLIANCE**  
ENDING POVERTY

Consortium to Lower Obesity  
in Chicago Children  
**clocc**



**ICAH**

HealthConnect One

U.S. Department of Health and Human Services,  
Health Resources and Services Administration,  
Office of Regional Operations – Region V

**EverThrive Illinois**  
Champions for  Healthy Communities  
Formerly Illinois Maternal & Child Health Coalition

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The views expressed during today's session are those of the presenters. They do not necessarily reflect the views of the Office of the Assistant Secretary for Health or the U.S. Department of Health and Human Services.

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**A forum to information-share about challenges faced and successful policies, programs, and practices in adolescent services.**

**Listserv:**

Send an e-mail to [LISTSERV@LIST.NIH.GOV](mailto:LISTSERV@LIST.NIH.GOV) with only this text in the message body:

subscribe REGION-V-ADOLESCENTHEALTHNETWORK “your name”

**Example text:**

subscribe REGION-V-ADOLESCENTHEALTHNETWORK Jane Doe

# U.S. PREVENTIVE SERVICES TASK FORCE RECOMMENDATION



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## Breastfeeding: Primary Care Interventions

Release Date: October 2016

### Recommendation Summary

Population	Recommendation	Grade (What's This?)
Pregnant women, new mothers, and their children	The USPSTF recommends providing interventions during pregnancy and after birth to support breastfeeding.	<b>B</b>

To read the recommendation statement in *JAMA*, select [here](#).

To read the evidence summary in *JAMA*, select [here](#).

**Read Full Recommendation Statement**

PDF Version (PDF Help)

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### Supporting Documents

- [Final Research Plan](#)
- [Final Evidence Review](#) PDF Version (PDF Help)
- [Evidence Summary](#) PDF Version (PDF Help)

### Clinical Summary

Clinical summaries are one-page documents that provide guidance to primary care clinicians for using

<https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/breastfeeding-primary-care-interventions>

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## **PATIENT PROTECTION AND AFFORDABLE CARE ACT**

### **Health benefits & coverage:**

Breastfeeding benefits -

<https://www.healthcare.gov/coverage/breast-feeding-benefits/>

Preventive health services –

<https://www.healthcare.gov/coverage/preventive-care-benefits/>

# NATIONAL BREASTFEEDING HELPLINE:

# 800-994-9662



Call the OWH HELPLINE: **800-994-9662**  
9:00 a.m. – 6:00 p.m. Monday through Friday ET

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## About Us

[This information in Spanish \(en español\)](#)

## Health information by phone

### How to reach us

**Phone:** 800-994-9662

**Hours:** Monday through Friday, 9 a.m. to 6 p.m., EST. (closed on federal holidays)

Our helplines are here to help connect you with information and resources to answer your health questions. We cannot provide a medical diagnosis or answer medical questions, but we can help you learn more. All medical questions should be directed to a doctor or nurse.

Our information specialists are trained to handle relay calls for those who use relay services. If you call after hours, you will be given the option to leave a message. An information and referral specialist or breastfeeding peer counselor will return your call on the next business day.





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## SUPPORT YOUNG FATHERS

New resources in the Pregnancy Assistance Fund Resource Center help programs understand, recruit, and retain young fathers.

[READ MORE »](#)

## Adolescent Health Topics

- America's Adolescents
- Healthy Relationships
- Mental Health
- Physical Health and Nutrition
- Reproductive Health
- Substance Abuse



<http://www.hhs.gov/ash/oah>



Led by the HHS Office of Adolescent Health (OAH), **TAG is a national call to action to improve adolescent health in the U.S.** TAG specifically aims to reach and engage a wide array of professionals who touch adolescents' lives, as well as parents and adolescents themselves. It includes both protective and behavioral risk factors and emphasizes building on young people's strengths.

TAG highlights **Five Essentials for Healthy Adolescents:**

1. Positive connections with supportive people
2. Safe and secure places to live, learn, and play
3. Access to high-quality, teen-friendly health care
4. Opportunities for teens to engage as learners, leaders, team members, and workers
5. Coordinated, adolescent- and family-centered services

<http://www.hhs.gov/ash/oah/tag>



**SUCCESES IN ADOLESCENT HEALTH:  
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- **National Breastfeeding Month**  
<http://www.usbreastfeeding.org/NBM>
- **4<sup>th</sup> Annual Black Breastfeeding Week (Aug. 25-31)**  
<http://blackbreastfeedingweek.org/>
- **Surgeon General's Call to Action to Promote Breastfeeding – 5 Year Anniversary**  
<http://www.surgeongeneral.gov/library/calls/breastfeeding>



**HEALTHY**  
**CHICAGO**

CHICAGO DEPARTMENT OF PUBLIC HEALTH



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There are services to help give babies and new mothers the best start possible.

<http://www.healthychicagobabies.org/>