SUCCESSES IN ADOLESCENT HEALTH: Tools and Techniques to Support Pregnant and Parenting Young People in Breastfeeding

MONDAY, AUGUST 15, 2016
The views expressed during today’s session are those of the presenters. They do not necessarily reflect the views of the Office of the Assistant Secretary for Health or the U.S. Department of Health and Human Services.
A forum to information-share about challenges faced and successful policies, programs, and practices in adolescent services.

Listserv:
Send an e-mail to LISTSERV@LIST.NIH.GOV with only this text in the message body:
subscribe REGION-V-ADOLESCENTHEALTHNETWORK “your name”

Example text:
subscribe REGION-V-ADOLESCENTHEALTHNETWORK Jane Doe
Breastfeeding: Primary Care Interventions

Release Date: October 2016

Recommendation Summary

<table>
<thead>
<tr>
<th>Population</th>
<th>Recommendation</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Pregnant women, new mothers, and their children</td>
<td>The USPSTF recommends providing interventions during pregnancy and after birth to support breastfeeding.</td>
<td>B</td>
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</table>

To read the recommendation statement in JAMA, select here.
To read the evidence summary in JAMA, select here.

PATIENT PROTECTION AND AFFORDABLE CARE ACT

Health benefits & coverage:

Breastfeeding benefits –
https://www.healthcare.gov/coverage/breast-feeding-benefits/

Preventive health services –
https://www.healthcare.gov/coverage/preventive-care-benefits/
About Us

Health information by phone

How to reach us

Phone: 800-994-9662
Hours: Monday through Friday, 9 a.m. to 6 p.m., EST. (closed on federal holidays)

Our helplines are here to help connect you with information and resources to answer your health questions. We cannot provide a medical diagnosis or answer medical questions, but we can help you learn more. All medical questions should be directed to a doctor or nurse.

Our information specialists are trained to handle relay calls for those who use relay services. If you call after hours, you will be given the option to leave a message. An information and referral specialist or breastfeeding peer counselor will return your call on the next business day.
SUPPORT YOUNG FATHERS

New resources in the Pregnancy Assistance Fund Resource Center help programs understand, recruit, and retain young fathers.

READ MORE »

http://www.hhs.gov/ash/oah
Led by the HHS Office of Adolescent Health (OAH), TAG is a national call to action to improve adolescent health in the U.S. TAG specifically aims to reach and engage a wide array of professionals who touch adolescents’ lives, as well as parents and adolescents themselves. It includes both protective and behavioral risk factors and emphasizes building on young people’s strengths.

TAG highlights Five Essentials for Healthy Adolescents:
1. Positive connections with supportive people
2. Safe and secure places to live, learn, and play
3. Access to high-quality, teen-friendly health care
4. Opportunities for teens to engage as learners, leaders, team members, and workers
5. Coordinated, adolescent- and family-centered services

http://www.hhs.gov/ash/oah/tag
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- National Breastfeeding Month
  [http://www.usbreastfeeding.org/NBM](http://www.usbreastfeeding.org/NBM)

- 4th Annual Black Breastfeeding Week (Aug. 25-31)

- Surgeon General’s Call to Action to Promote Breastfeeding – 5 Year Anniversary
There are services to help give babies and new mothers the best start possible.

http://www.healthychicagobabies.org/