# **Supporting Teens and Their Babies with Breastfeeding: Hands On**

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## **Getting Started**

- What do I bring to this?
- The baby is here: move on
- There is hope!

### **Post Partum**

- Hopes and goals
- Why formula?
- Maybe just try
- It can't wait!!
- "I don't have milk"

#### In the Clinic

- It's work (for a bit)
- Her Supports
- Extra Time
- Your Supports
- Pumping?

#### **Thank You!**