

2020 CHICAGO ANEHW

Wellness Champion & Summer Recreation Leader Job Responsibilities



The responsibilities of the Wellness Champion at intervention parks:

- Attend an orientation meeting with the Chicago Park District Wellness team, permanent staff from each intervention and control park, and the CLOCC team
- Assist CLOCC and the CPD wellness team in the development of strategies to engage with returning summer recreation leaders throughout the year to provide training and education
- Participate in professional development with the CampWell Program Facilitator, including but not limited to, *5-4-3-2-1 Go!* activities, *Go! Team Games*, Fun with Food, STEM activities, Meditation, Environmental Change, and Staff Management
- Attend CLOCC's *5-4-3-2-1 Go!* training orientation
- Conduct regular check-ins (in person, phone call, or e-mail) with CampWell Program Facilitator at each park
 - Biweekly check-ins (January to April)
 - Weekly check-ins (May to August)
- Organize and inventory *Go! Team Games* and Fun with Food Equipment
- Assist the CampWell Program Facilitator and summer camp director with summer camp scheduling to include a weekly rotation for Fun with Food, *Go! Team Games*, and STEM Activities (3 rotations) and to include daily 20 minutes of physical fitness and at least 5 minutes of meditation
- Work with CampWell Program Facilitator to identify a day of camp to host the Chicago Bike Ambassadors and have a bike helmet distribution at each intervention camp
- Work with CampWell Program Facilitator and summer camp director to develop a training schedule for summer rec leaders, with a focus on CampWell implementation
- Provide at minimum a 2-hour training to summer recreation leaders (½ hour to explain CampWell, ½ an hour *5-4-3-2-1 Go!*, one hour to review *Go! Team Games*)
- Meet with summer rec leaders on a weekly basis to discuss the CampWell activities for that week
- Provide seasonal recreation leaders with assistance to ensure they are prepared, have a clear understanding of the message, are using games, promotional strategies, and other activities to engage the campers
- Provide feedback to summer recreation leaders at the end of each week regarding integration of messaging and promotion in their work activities and make recommendations to strengthen implementation
- Support the CLOCC evaluation team in their efforts to collect pre-post surveys with campers, parents and staff, and other evaluation data

The responsibilities of the Summer Recreation Leaders at intervention parks:

- Attend CLOCC's *5-4-3-2-1 Go!* training orientation and CPD orientation
- Participate in additional trainings and educational opportunities when available
- Implement CampWell fully and according to the program manual
- Lead *Go! Team Games*, and STEM Activities, assist with the Fun with Food (3 rotations weekly) and 20 minutes of physical fitness and at least 5 minutes of meditation daily